MARCH 2023



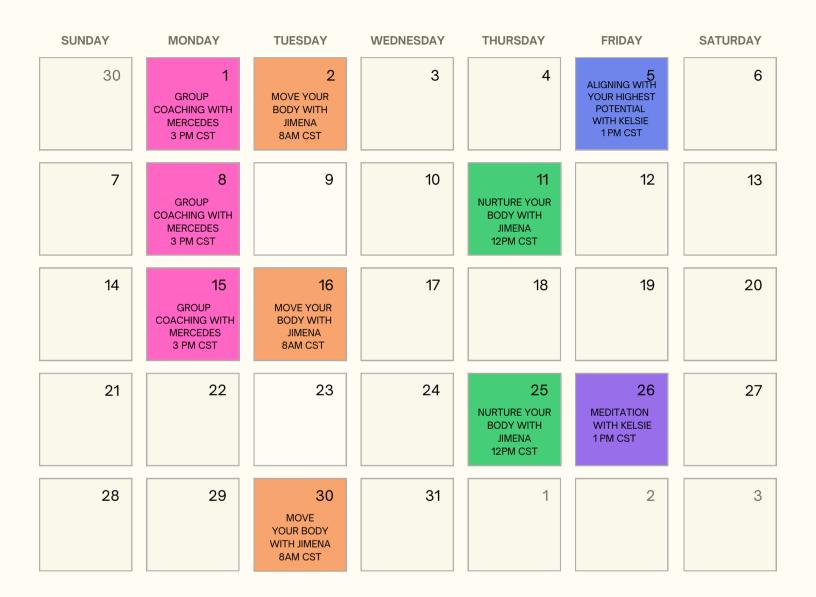
MERCEDES WILL DO ONE 15-30 MINUTE EXTRA IMPROMPTU COACHING SESSION ON THE FACEBOOK GROUP EACH WEEK, ON THE FIRST 3 WEEKS OF EACH MONTH.	REFER TO THIS WEBSITE CALENDAR: CHECK YOUR WELCOME EMAIL WHERE AN INVITATION TO ADD THIS CALENDAR TO YOUR CALENDAR HAS BEEN SENT.

APRIL 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	GROUP COACHING WITH MERCEDES 3 PM CST	4 MOVE YOUR BODY WITH JIMENA 8AM CST	5	6	7 ALIGNING WITH YOUR HIGHEST POTENTIAL WITH KELSIE 1 PM CST	8
9	10 GROUP COACHING WITH MERCEDES 3 PM CST	11		13 NURTURE YOUR BODY WITH JIMENA 12PM CST	14	15
16	17 GROUP COACHING WITH MERCEDES 3 PM CST	18 MOVE YOUR BODY WITH JIMENA 8AM CST	19	20	21	22
23	24	25	26	27 NURTURE YOUR BODY WITH JIMENA 12PM CST	28 MEDITATION WITH KELSIE 1 PM CST	29
30	1	2	3	4	5	6

NOTES	TO DO
 Please find a quiet space to do Kelsie's sessions. Please keep your video on to do Mercedes's & Kelsie's sessions, so we feel close and present with each other. 	 Do the 4 pillars daily. Do the 8-week Imperfect & Abundant course at your own pace.
 Make sure that other people around you cannot watch or listen so we keep everybody's privacy throughout the program. Bring a pen and paper to take notes. 	

MAY 2023



NOTES	ТО ДО
 Please find a quiet space to do Kelsie's sessions. Please keep your video on to do Mercedes & Kelsie's sessions. Make sure that other people around you cannot watch or listen so we keep everybody's privacy throughout the program. 	 Do the 4 pillars daily. Do the 8-week Imperfect & Abundant course at your own pace.
 Bring a pen and paper to take notes. 	

JUNE 2023



NOTES	TO DO
 Please find a quiet space to do Kelsie's sessions. Please keep your video on to do Mercedes & Kelsie's sessions. Make sure that other people around you cannot watch or listen so we keep everybody's privacy throughout the program. Bring a pen and paper to take notes. 	 Do the 4 pillars daily. Do the 8-week Imperfect & Abundant course at your own pace.

JULY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3 GROUP COACHING WITH MERCEDES 3 PM CST	4	5	6 NURTURE YOUR BODY WITH JIMENA 12PM CST	Z ALIGNING WITH YOUR HIGHEST POTENTIAL WITH KELSIE 1 PM CST	8
9	10 GROUP COACHING WITH MERCEDES 3 PM CST	11 MOVE YOUR BODY WITH JIMENA 8AM CST	12	13	14	15
16	17 GROUP COACHING WITH MERCEDES 3 PM CST	18	19	20 NURTURE YOUR BODY WITH JIMENA 12PM CST	21 MEDITATION WITH KELSIE 1 PM CST	22
23	24 CLOSING DATE OF MASTERMIND ROUND 1 3 PM CST	25	26	27	28	29
30	31	1	2	3	4	5

NOTESTO DO• Please find a quiet space to do Kelsie's sessions.• Do the 4 pillars daily.• Please keep your video on to do Mercedes & Kelsie's sessions.• Do the 8-week Imperfect & Abundant course at your own pace.• Make sure that other people around you cannot watch or listen so we keep everybody's privacy throughout the program.• Do the 8-week Imperfect & Abundant course at your own pace.• Bring a pen and paper to take notes.• Imperfect & Abundant course at your own pace.